Aktivate Formerly Registermyathlete.com Registration for Parents

☐ Go to www.aktivate.com
□ Click Login
☐ Click Create an Account (You only need ONE account, even if you have children in more than
one high school and/or junior high; Do Not create another account if you have used Register My
Athlete in the past)
☐ Fill in personal account information (this should be the Parent's personal information)
☐ You will be using the site as a Parent
□ Click Submit
After you have an account:
□ Login
☐ Under the Parents header (Blue), Click the button labeled "Click here to start/complete
athlete registrations". (the first time you log in you will be asked to agree to terms and
conditions)
☐ Click Start/Complete a Registration (upper left hand corner of the page)
☐ Click Start a New Registration - this is where you will enter all of your Athlete's information
☐ Click on the red bars to complete all requirements
☐ Click the orange button on the lower left side of the screen for live chat
or email support@aktivate.com for assistance



Student's Full Name: _

PREPARTICIPATION PHYSICAL EVALUATION (Page 1 of 4)

This medical history form should be retained by the healthcare provider and/or parent.

This form is valid for 365 calendar days from the date signed below.



_____ Sex Assigned at Birth: _____ Age: _____ Date of Birth: ___ /___ /___

MEDICAL HISTORY FORM

Student Information (to be completed by student and parent) print legibly

Schoo	ol:				G	rade in Sc	hool: Sport(s): Home Phone: ()			
Home	e Address:		City/Sta	ate:			Home Phone: ()			
Name	e of Parent/Guardian:				E-m	ail:				
Perso	on to Contact in Case of E	mergency:			_ Rela	tionship t	o Student:			
Emer	gency Contact Cell Phon	e: ()	wo	ork Phone	e: ()	o Student:Other Phone: Office Phone:	()		
Famil	y Healthcare Provider: _			ity/State	:		Office Phone:	()		
List p	ast and current medical	conditions:								
——— Have	you ever had surgery? If	yes, please list all surgical	procedu	res and c	lates:					
——— Medi	cines and supplements (please list all current presc	ription r	nedicatio	ns, ov	er-the-co	unter medicines, and supplem	ents (herbal	and nuti	ritional):
——— Do yo	ou have any allergies? If y	yes, please list all of your al	lergies (i.e., medi	cines,	pollens, f	food, insects):			
	nt Health Questionaire					. ,	2/6: /			
Over	the past two weeks, how	often have you been both Not at all	erea by		al day		Over half of the days	Nearl	y everyd:	ay
	ing nervous, anxious, n edge	0			1		2		3	
			+							
	being able to stop or trol worrying	0			1		2		3	
	e interest or pleasure oing things	0			1		2		3	
	ing down, depressed, opeless	0			1		2		3	
								•		
Expla	IERAL QUESTIONS ain "Yes" answers at the end e questions if you don't kno		Yes	No		ART HEAL ntinued)	TH QUESTIONS ABOUT YOU		Yes	No
1	Do you have any concerns that your provider?	at you would like to discuss with			8		ctor ever requested a test for your hear electrocardiography (ECG) or echocard			
2	Has a provider ever denied or sports for any reason?	restricted your participation in			9	Do you ge	et light-headed or feel shorter of breatl uring exercise?	h than your		
3	Do you have any ongoing me	dical issues or recent illnesses?			10	Have you	ever had a seizure?			
HEA	RT HEALTH QUESTIONS	ABOUT YOU	Yes	No	HE	ART HEAL	TH QUESTIONS ABOUT YOUR	FAMILY	Yes	No
4	Have you ever passed out or exercise?	nearly passed out during or after			11	had an ur	amily member or relative died of heart nexpected or unexplained sudden deat uding drowning or unexplained car cras	h before age		
5	Have you ever had discomfor your chest during exercise?	t, pain, tightness, or pressure in			12	as hypert arrhythm	one in your family have a genetic heart rophic cardiomyopathy (HCM), Marfan ogenic right ventricular cardiomyopath	Syndrome, ny (ARVC),		
6	Does your heart ever race, flu (irregular beats) during exerci	itter in your chest, or skip beats ise?			12	syndrome	yndrome (LQTS), short QT syndrome (Se, or catecholaminerigc polymorphic velia (CPVT)?	. ,,		
7	Has a doctor ever told you that	at you have any heart problems?			13		ne in your family had a pacemaker or a tor before age 35?	n implanted		



PREPARTICIPATION PHYSICAL EVALUATION (Page 2 of 4)

This medical history form should be retained by the healthcare provider and/or parent.

This form is valid for 365 calendar days from the date signed below.



Student's Full Name: ______ Date of Birth: ___ / ___ / ___ School: _____

BON	E AND JOINT QUESTIONS	Yes	No	MEI	DICAL QUESTIONS (continued)	Yes	No
14	Have you ever had a stress fracture?			26	Do you worry about your weight?		
15	Did you ever injure a bone, muscle, ligament, joint, or tendon that caused you to miss a practice or game?			27	Are you trying to or has anyone recommended that you gain or lose weight?		
16	Do you have a bone, muscle, ligament, or joint injury that currently bothers you?			28	Are you on a special diet or do you avoid certain types of foods or food groups?		
ME	DICAL QUESTIONS	Yes	No	29	Have you ever had an eating disorder?		
17	Do you cough, wheeze, or have difficulty breathing during or after exercise or has a provider ever diagnosed you with asthma?			Exp	lain "Yes" answers here:		
18	Are you missing a kidney, an eye, a testicle, your spleen, or any other organ?			-			
19	Do you have groin or testicle pain or a painful bulge or hernia in the groin area?						
20	Do you have any recurring skin rashes or rashes that come and go, including herpes or methicillin-resistant staphylococcus aureus (MRSA)?						
21	Have you had a concussion or head injury that caused confusion, a prolonged headache, or memory problems?						
22	Have you ever had numbness, had tingling, had weakness in your arms or legs, or been unable to move your arms or legs after being hit or falling?						
23	Have you ever become ill while exercising in the heat?						
24	Do you or does someone in your family have sickle cell trait or disease?						
25	Have you ever had or do you have any problems with your eyes or vision?						

This form is not considered valid unless all sections are complete.

Participation in high school sports is not without risk. The student-athlete and parent/guardian acknowledge truthful answers to the above questions allows for a trained clinician to assess the individual student-athlete against risk factors associated with sports-related injuries and death. Florida Statute 1006.20 requires a student candidate for an interscholastic athletic team to successfully complete a preparticipation physical evaluation as the first step of injury prevention. This preparticipation physical evaluation shall be completed each year before participating in interscholastic athletic competition or engaging in any practice, tryout, workout, conditioning, or other physical activity, including activities that occur outside of the school year.

We hereby state, to the best of our knowledge, that our answers to the above questions are complete and correct. In addition to the routine physical evaluation required by Florida Statute 1006.20, and FHSAA Bylaw 9.7, we understand and acknowledge that we are hereby advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (ECG), echocardiogram (ECHO), and/or cardio stress test. The FHSAA Sports Medicine Advisory Committee strongly recommends a medical evaluation with your healthcare provider for risk factors of sudden cardiac arrest which may include the special tests listed above.

Student-Athlete Name:	(printed) Student-Athlete Signature:	Date:	_/	_/
Parent/Guardian Name:	(printed) Parent/Guardian Signature:	Date:	./	./
Parent/Guardian Namo	(nrinted) Parent/Guardian Signature	Date:	,	,



PREPARTICIPATION PHYSICAL EVALUATION (Page 3 of 4)

This medical history form should be retained by the healthcare provider and/or parent.

This form is valid for 365 calendar days from the date signed below.



PHYSICAL EXAMINATION FORM

Student's Full Name:			Date of Birth	n: /	School:	
PHYSICIAN REMINDERS: Consider additional questions on	more sensitive issues.					
Do you feel stressed out or under a	lot of pressure?		Do you ever	feel sad, hopel	ess, depressed, or anxio	us?
Do you feel safe at your home or re	sidence?		During the p	ast 30 days, did	you use chewing tobac	co, snuff, or dip?
Do you drink alcohol or use any oth	er drugs?		Have you ev supplement		ic steroids or used any c	ther performance-enhancing
 Have you ever taken any supplement performance? 	nts to help you gain or lose weig	ght or improve y	our l			
Verify completion of FHSAA Cardiovascular history/sym						f your assessment.
EXAMINATION						
	Weight:					
BP: / (/) P MEDICAL - healthcare profession	Pulse:	Vision: R 2	0/ L 20/		Corrected: Yes NORMAL	No ABNORMAL FINDINGS
Appearance • Marfan stigmata (kyphoscoliosis, hi prolapse [MVP], and aortic insuffici Eyes, Ears, Nose, and Throat • Pupils equal		atum, arachnoda	actyl, hyperlaxity, myopia	, mitral valve		
Hearing						
Lymph Nodes Heart					+	
Murmurs (auscultation standing, au	uscultation supine, and Valsalva	maneuver)				
Lungs						
Abdomen						
Skin • Herpes Simplex Virus (HSV), lesions	suggestive of Methicillin-Resist	ant Staphylococ	ccus Aureus (MRSA), or ti	nea corporis		
Neurological						
MUSCULOSKELETAL - healthcar	e professional shall initi	al each asse	ssment		NORMAL	ABNORMAL FINDINGS
Neck						
Back						
Shoulder and Arm						
Elbow and Forearm						
Wrist, Hand, and Fingers						
Hip and Thigh						
Knee						
Leg and Ankle						
Foot and Toes						
Functional Double-leg squat test, single-leg squares test, single-leg	uat test, and box drop or step d	rop test				
	This form is not co	nsidered va	alid unless all sec	tions are co	omplete.	
*Consider electrocardiography (ECG), echocar Advisory Committee strongly recommends to a						
Name of Healthcare Professional						
Address:	Pho	ne: () _		_ E-mail:		
Signature of Healthcare Profession	nal:		Cre	dentials:	Lice	nse #:

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and/or cardio stress test.

PREPARTICIPATION PHYSICAL EVALUATION (Page 4 of 4)

SUBMIT THIS MEDICAL ELIGIBILITY FORM TO THE SCHOOL This form is valid for 365 calendar days from the date signed below.



MEDICAL ELIGIBILITY FORM

Student Information (to be completed by st		·	A D-4	on of Director / /
School:	Sex	. Assigned at Birth:	Age: Dat Sport(s):	e or Birth: //
School:Home Address:	Gitv/State:	Home P	hone: ()	
Name of Parent/Guardian:	E-ma	il:	11011c. ()	
Person to Contact in Case of Emergency:	 Relati	onship to Student:		
Emergency Contact Cell Phone: ()	Work Phone: ()	Other Phone: ()
Family Healthcare Provider:	City/State:		Office Phone: ()
☐ Medically eligible for all sports without restriction	n			
☐ Medically eligible for all sports without restriction	n with recommendations for further	evaluation or treatmen	t of: (use additional sh	eet, if necessary)
☐ Medically eligible for only certain sports as listed	below:			
☐ Not medically eligible for any sports				
Recommendations: (use additional sheet, if necessary)				
I hereby certify that I have examined the above- the conclusion(s) listed above. A copy of the ex- conditions that arise after the date of this med professional prior to participation in activities. Name of Healthcare Professional (print or type):	am has been retained and can b ical clearance should be proper	e accessed by the pa ly evaluated, diagnos	rent as requested. Assed, and treated by	Any injury or other medica an appropriate healthcare
Address:				
Signature of Healthcare Professional:				
SHARED EMERGENCY INFORMATION - comple	eted at the time of assessment I	by practitioner and p	arent	
Check this box if there is no relevant medi participation in competitive sports.	cal history to share related to	Pro	ovider Stamp <i>(if requ</i>	iired by school)
Medications: (use additional sheet, if necessary)				
List:				
Relevant medical history to be reviewed by athle Allergies Asthma Cardiac/Heart Condexplain:	cussion 🗖 Diabetes 🗖 Heat Illne	ess 🗌 Orthopedic 🗖 S	Surgical History ☐ Si	
Signature of Student:	Date:// Signature of !	Parent/Guardian:		Date://
We hereby state, to the best of our knowledge the in	formation recorded on this form is a	complete and correct. V	Ne understand and ac	knowledge that we are hereb

This form is not considered valid unless all sections are complete.

advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (ECG), echocardiogram (ECHO),



PREPARTICIPATION PHYSICAL EVALUATION (Supplement)

SUBMIT THIS MEDICAL ELIGIBILITY FORM TO THE SCHOOL This form is valid for 365 calendar days from the date signed below.



This form is only used, or requested, if a student-athlete has been referred for additional evaluation, prior to full medical clearance.

MEDICAL ELIGIBILITY FORM - Referred Provider Form

Student Information (to be completed by student student information)		•		
Student's Full Name:				
School:	Grad	le in School: Sport	t(s):	
Home Address:				
Name of Parent/Guardian:	E-mail	:		
Person to Contact in Case of Emergency:	Relaπo	nsnip to Student:	Other Dhene (
Emergency Contact Cell Phone: ()Family Healthcare Provider:	work Phone: ()0	office Phone: ()	
ranniy nearmeare Provider:	City/State:	0	inice Phone: ()	
Referred for:	Diag	nosis:		
I hereby certify the evaluation and assessment for which the conclusions documented below:	this student-athlete was referred h	วร been conducted by mysel	lf or a clinician under my direc	t supervision with
☐ Medically eligible for all sports without restriction a	s of the date signed below			
☐ Medically eligible for all sports without restriction a	fter completion of the following tre	eatment plan: (use additiona	al sheet, if necessary)	
☐ Medically eligible for only certain sports as listed be	low:			
□ Not medically eligible for any sports				
Further Recommendations: (use additional sheet, if necess	ssary)			
Name of Healthcare Professional (print or type):				
Address:			Phone: ()	
Signature of Healthcare Professional:		Credentials:	License #:	
Provider Stamp (if required by school)				

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA 1960 LANDINGS BOULEVARD, SARASOTA, FL 34231 PHONE (941) 927-9000

PARENT/GUARDIAN RELEASE AND HOLD HARMLESS AGREEMENT FOR HIGH SCHOOL STUDENT ATHLETIC PARTICIPATION

Instructions: This form must be notarized and returned to the Head Coach/Athletic Director's Office with the Athletic Packet. If you have questions pertaining to this form, contact your child's school. Student No. DOB Student Name (Print) School Name School Year____ Name of sport/activity this agreement governs _____ Parent/Guardian Home Address ____ Home Phone Work Phone _____ Cell Phone I/We fully understand that playing or practicing to play interscholastic sports may be hazardous and poses a risk of injury, including but not limited to, sprains, strains, contusions, abrasions, broken bones and in extreme cases, paralysis or death. Due to the potential hazards associated with interscholastic sports, I/we recognize the importance of following the instructions of coaches and trainers, regarding playing techniques, training and other rules associated with this sport/activity. I/We understand that it is the responsibility of the parents/guardians to provide proof of medical insurance coverage prior to participating in any phase of this sport/activity. Yes I/we will be purchasing the student accident insurance made available through the Sarasota School District. No I/we have comprehensive medical insurance that covers this student for any expenses he/she may incur as the result of a sports injury. Insurance Company Name ____ Effective Dates ____ Policy No. This agreement is entered into voluntarily and is made with the understanding that I/we have not violated any of the eligibility rules and regulations of the Florida High School Athletic Association (FHSAA) and/or the Sarasota School District. I/we give my/our consent for my/our student/child/ward to engage in FHSAA and Sarasota School District approved athletic activities as a representative of the student's school. I/we give my/our consent for him/her to accompany the team on out of town/county trips. In consideration of The School Board of Sarasota County, Florida, permitting my/our student/child/ward to engage in interscholastic sports, I/we agree to release and hold harmless The School Board of Sarasota County, Florida, and its employees and agents from and against all claims, judgments, cost, expenses, attorney fees, including but not limited to, claims occurring from the negligence of The School Board of Sarasota County, Florida, its employees, and agents arising out of bodily injuries or property damage resulting from participation in interscholastic sports. I/We acknowledge that I/we have read this agreement and fully understand its meaning, and that I/we will abide by all terms and conditions associated with this sport/activity and in this agreement. Parent/Guardian Name (Print) Date Parent/Guardian Signature Parent/Guardian Name (Print) Parent/Guardian Signature __ Date Student Signature STATE OF FLORIDA, SARASOTA COUNTY Sworn to (or affirmed) and subscribed before me by means of physical presence or online notarization, this _____ day of , 20 , by who is Type of Identification Produced _____ Personally Known Produced Identification (Seal) Typed or Printed Name of Notary Public Signature of Notary Public My Commission Expires Commission No.

RET: Master, 7SY, GS7 172

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Rev. 5-5-2022

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA 1960 LANDINGS BOULEVARD, SARASOTA, FL 34231 PHONE (941) 927-9000

RELEASE FOR OUT-OF-COUNTY OR OVERNIGHT TRAVEL FOR ATHLETICS AND FIELD TRIPS

Instructions: Form must be signed and notarized and returned to child's school. If you have questions pertaining to this form, contact your child's school.

Student Name (Print)		Student No.	DOB
\ddress		School Year	
Home Phone	Parent/Guardian Work Phone	Cell Phone	
Other Emergency Contact Name		Phone	
Medical Insurance Carrier		Policy Group No	

This application to travel and participate in activities or events sponsored by the Sarasota County Schools is entirely voluntary on our part and is made with the understanding that we have not violated any of the eligibility rules and regulations of the Florida High School Athletic Association or the Sarasota County Schools. It is also agreed that we will abide by all the rules set down by the School Board of Sarasota County, the Florida High School Athletic Association, and the school.

and sign this agreement prior to the student being allowed to participate in any out-of-county or overnight school trip. The School Board of Sarasota County, its school principals and teachers, desire that students and parents or guardians of students have a thorough understanding of the implications involved in a student participating in a voluntary extracurricular activity or curricular field trips. For this reason, it is required that each student in the Sarasota County Schools, his/her parent, parents, or guardian, read, understand,

- I/We, the undersigned, as parent, parents or guardians, give my/our consent for the student identified herein to participate in out-of-county or overnight travel as a representative of his/her school. I/We, will not hold the School Board of Sarasota County, anyone acting in its behalf, or the Florida High School Athletic Association responsible or liable for any injury occurring to the named student
- in the course of such activities or such travel. I/We release the School Board of Sarasota County, its employees, and agents from all claims, including any claims, costs or damages arising from the negligence of the School Board of Sarasota County, its agents, or employees.
- ω participating in school events, shall be processed by the student, his/her parent, parents, or guardian through the company agent handling the student's insurance policy, and not through the school I/We understand that school officials will complete accident insurance forms, if the student has school insurance, after which all claims under insurance policy, or policies, for injuries received while
- 4 0
- such activities or such travel. I/We also agree that the expenses for such transportation and treatment shall not be borne by the school district or its employees I/We hereby accept financial responsibility for equipment or instruments lost by the student identified herein.
 I/We authorize the school to transport and to obtain, through a physician of its own choice, any emergency medical care that may become reasonably necessary for the student in the course of
- 0 I/We accept full responsibility and hereby grant permission for my/our son/daughter to travel on any approved school related trip. This statement remains in effect until the end of this school year unless cancelled by me in writing to the school

Student Signature		Date
Parent/Guardian Name (Print)	Parent/Guardian Signature	Date
State of Florida County of Sarasota		
Sworn to (or affirmed) and subscribed before me by means of physical presence	f	20 by
The foregoing instrument was acknowledged by	who is personally know to me, or produced le	produced Identification/Type of Identification
Notary Public Signature	Name of Notary Public: Print, Stamp, or Type as Commissioned	
/ly Commission Expires	Commission Number	

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